

● = DOES CONTAINS ● = MAY CONTAIN ● = DOES NOT CONTAIN

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HEALTHY SCHOOL MEALS

Please Note: We don't use nuts as ingredients in our facility but due to third party manufactures some items have nuts listed as a may contain allergen. Our chicken and fish may contain bone.

BREAD	SULPHUR DIOXIDE (SULPHITES)	CEREALS CONTAINING GLUTEN	NUTS (TREE NUTS)	MILK	SESAME	SOYA	MUSTARD	PEANUTS	MOLLUSCS	LUPIN	FISH	EGGS	CRUST-ACEANS	CELERY
• BROWN SLICED														
• GLUTEN & WHEAT FREE														
• HALF & HALF LOW CAL														
• SODA YEAST FREE														
• WHITE SLICED														
• WHOLEMEAL ROLL														
SPREAD	SULPHUR DIOXIDE (SULPHITES)	CEREALS CONTAINING GLUTEN	NUTS (TREE NUTS)	MILK	SESAME	SOYA	MUSTARD	PEANUTS	MOLLUSCS	LUPIN	FISH	EGGS	CRUST-ACEANS	CELERY
• BUTTER														
• LITTLE BUTTER														
• MAYO														
FILLING	SULPHUR DIOXIDE (SULPHITES)	CEREALS CONTAINING GLUTEN	NUTS (TREE NUTS)	MILK	SESAME	SOYA	MUSTARD	PEANUTS	MOLLUSCS	LUPIN	FISH	EGGS	CRUST-ACEANS	CELERY
• CHEDDAR CHEESE														
• CHICKEN														
• CHICKEN (HALAL)														
• CHICKEN & STUFFING MAYO														
• CHICKEN TIKKA														
• HAM														
• HAM & CHEESE														
• EGG MAYO														
• PREMIUM TURKEY														
• PREMIUM TURKEY (HALAL)														
• SUGAR FREE STRAWBERRY JAM														
• TUNA & SWEETCORN MAYO														
• CORONATION CHICKEN														

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SALAD	SULPHUR DIOXIDE (SULPHITES)	CEREALS CONTAINING GLUTEN	NUTS (TREE NUTS)	MILK	SESAME	SOYA	MUSTARD	PEANUTS	MOLLUSCS	LUPIN	FISH	EGGS	CRUST-ACEANS	CELERY
• CUCUMBER														
• LETTUCE														
• ONION														
• SWEETCORN														
ALTERNATIVE	SULPHUR DIOXIDE (SULPHITES)	CEREALS CONTAINING GLUTEN	NUTS (TREE NUTS)	MILK	SESAME	SOYA	MUSTARD	PEANUTS	MOLLUSCS	LUPIN	FISH	EGGS	CRUST-ACEANS	CELERY
• CHEESE & CRACKERS														
• CROISSANT														
• FRUIT POT														
• SCONE & JAM														
• VEG SALAD BOWL														
• CHICKEN SALAD BOWL														
• BABY POTATO, BACON & CHEESE SALAD														
FRUIT	SULPHUR DIOXIDE (SULPHITES)	CEREALS CONTAINING GLUTEN	NUTS (TREE NUTS)	MILK	SESAME	SOYA	MUSTARD	PEANUTS	MOLLUSCS	LUPIN	FISH	EGGS	CRUST-ACEANS	CELERY
• APPLE/BANANA/ORANGE														
• APPLE SNACK PACK														
• BANANA SLICES														
• RAISINS														
DRINK	SULPHUR DIOXIDE (SULPHITES)	CEREALS CONTAINING GLUTEN	NUTS (TREE NUTS)	MILK	SESAME	SOYA	MUSTARD	PEANUTS	MOLLUSCS	LUPIN	FISH	EGGS	CRUST-ACEANS	CELERY
• APPLE JUICE														
• STILL WATER														
• ORANGE JUICE														
DAIRY	SULPHUR DIOXIDE (SULPHITES)	CEREALS CONTAINING GLUTEN	NUTS (TREE NUTS)	MILK	SESAME	SOYA	MUSTARD	PEANUTS	MOLLUSCS	LUPIN	FISH	EGGS	CRUST-ACEANS	CELERY
• CHEESE STICK / CHEESE TRIANGLE														
• YOGURT/ YOGURT TUBE														

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WRAP	SULPHUR DIOXIDE (SULPHITES)	CEREALS CONTAINING GLUTEN	NUTS (TREE NUTS)	MILK	SESAME	SOYA	MUSTARD	PEANUTS	MOLLUSCS	LUPIN	FISH	EGGS	CRUST-ACEANS	CELERY
• CHEESE WRAP														
• CHICKEN & MAYO WRAP														
• CHICKEN & STUFFING WRAP														
• CHICKEN TIKKA WRAP														
• HAM & CHEESE WRAP														
• HAM WRAP														
• PLAIN WRAP														
• TUNA & SWEETCORN WRAP														
• CHICKEN & STUFFING ROLL														
• HAM & CHEESE WHOLEMEAL ROLL														
• HAM WHOLEMEAL ROLL														

CEREALS CONTAINING GLUTEN EXPLAINED



WHEAT



RYE



BARLEY



OATS



DURUM