

● = DOES CONTAINS ● = MAY CONTAIN ● = DOES NOT CONTAIN

# fresh<sup>to</sup>day

## HEALTHY SCHOOL MEALS

Please Note: We don't use nuts as ingredients in our facility but due to third party manufactures some items have nuts listed as a may contain allergen. Our chicken and fish may contain bone.

HOT MEALS	SULPHUR DIOXIDE (SULPHITES)	CEREALS CONTAINING GLUTEN	NUTS (TREE NUTS)	MILK	SESAME	SOYA	MUSTARD	PEANUTS	MOLLUSCS	LUPIN	FISH	EGGS	CRUST-ACEANS	CELERY
• BEAN CHILLI WITH RICE														
• CHARGRILLED CHICKEN, MASH, VEG & GRAVY														
• CHARGRILLED CHICKEN, CUBES & VEG														
• CHICKEN CARBONARA KING														
• CHEESY BBQ CHICKEN JACKET POTATO														
• CHEESY BEAN JACKET POTATO														
• CHEDDAR MELT WITH TOMATO SAUCE														
• CHICKEN TENDERS, CUBES, DICED VEG														
• CHICKEN PAELLA														
• MASH & GRAVY														
• MEATBALLS PASTA & TOMATO SAUCE														
• PENNE PASTA BOLOGNESE														
• PLAIN PASTA														
• POTATO CUBES														
• PLAIN RICE & SAUSAGES														
• ROAST BEEF, MASH, GRAVY & VEG														
• ROAST CHICKEN, BABY POTATO & VEG														
• ROAST HAM, BABY POTATO & VEG														
• PORK BANGERS MASH, VEG & GRAVY														
• CLASSIC SHEPHERD'S PIE WITH VEG														
• CHICKEN TIKKA BOX														
• PLAIN RICE														
• VEGAN SAUSAGES, BABY POTATO & VEG														
• PENNE PASTA & RICH TOMATO SAUCE														
• HOMEMADE BEEF LASAGNE & CUBES														
• CHICKEN CURRY WITH RICE														
• MARGHERITA PIZZA & CORN														
• BOMBAY CHICKEN CURRY WRAP														
• ROAST CHICKEN, GRAVY, MASH & VEG														
• BREADED FISH FILLET, MASH & VEG														
• MEXICAN CHICKEN WRAP														
• TOASTED CHICKEN & CHEESE MELT														